

WDW WISCONSIN DEPARTMENT of VETERANS AFFAIRS

ASK A QUESTION. SAVE A LIFE.



LEARN TO RECOGNIZE
THE WARNING SIGNS OF SUICIDE AND HOW TO

QUESTION

SOMEONE ABOUT POTENTIAL SUICIDAL THOUGHTS

PERSUADE

THEM TO SEEK HELP

REFER

THEM FOR PROFESSIONAL ASSISTANCE

Modeled after CPR training which trains civilians to resuscitate a person in physical distress – QPR trains civilians to identify possible suicidal intentions, talk to the person, and get the person referred to professional help.

The Wisconsin Department of Veterans Affairs offers FREE QPR training. WDVA has 16 regional staff throughout Wisconsin and can travel to any locality. These trainings are open to veteran groups, medical facilities, schools, government entities, and any group interested in learning about effective suicide prevention. Participants will earn a QPR Gatekeepers Certificate.

To find out more information or to schedule a training, contact Cal Stammer at calvin2.stammer@dva.wi.gov



1-800-WIS-VETS (947-8387) | WisVets.com